





A NOTE OF APPRECIATION

Dear Friends.

ood shouldn't be an impossible choice. This has been the theme of the foodbank network during the past two Hunger Action Months. Why do we repeat ourselves? Well, just when the effects of the pandemic had started to decrease the need for our services, we are finding more and more families attending our food distributions again due to rising costs of food, transportation, childcare, utilities, and medicine.

Across the greater Virginia Peninsula, so many households facing hunger are making impossible choices far too often. When difficult times hit, food can be the first thing that people forego to make ends meet. Do I pay my utility bill – or eat? Can I buy groceries this week or do I buy the allergy medicine that my child needs to thrive at school? These are examples of impossible choices that no one should have to make – yet far too many of our neighbors are making these critical decisions every month.

We are grateful to report that due to your generous support during the past fiscal year, we were able to answer the call for help and provide healthy groceries, hot meals, life-changing job training, and nutrition education to our neighbors. We could not accomplish this work without you. Stories of the impact you have made are included in the following pages. Thank you.



Karen L. Joyner
Chief Executive Officer



Jonathan Toms President Board of Directors, FY23



A. Terry Morris Immediate Past President .FY 22

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Renee Figurelle
Chief Operating Officer

Lisa Olverson Chief Financial Officer

Jacquelyn LinderDirector of Nutrition
Programs

Nicole Singleton
Director of Agency

Donna TigheDirector of
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Services

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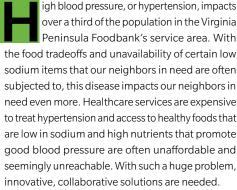
MISSION

The mission of Virginia Peninsula Foodbank is to distribute food effectively through collaborative efforts that minimize hunger, promote nutrition, and encourage self-reliance through education.



Healthy Happenings







What is our answer to this seemingly insurmountable issue? In partnership with Riverside Health Systems, the Urban League of Hampton Roads, Brooks Crossing Innovation and Opportunity Center, and the American Heart Association, we have launched the Food as Medicine program. Patients from Riverside Health Systems' Riverside Charlie W. and Golden Bethune Hill Community Clinic are participating in a 6 month pilot, centered around using food and physical activity as medicine, with nutrition classes, as well as distributions of low sodium, low sugar, and lean protein foods being provided by Virginia Peninsula Foodbank. We also teach classes discussing the link between high blood pressure and nutrition and the foods being distributed promote the use of the DASH, or Dietary Approaches to Stop Hypertension, diet, which has been shown through clinical research to lower blood pressure and bad cholesterol, as well as promote weight loss and weight maintenance in obese individuals. Riverside has been providing exercise classes, fun walks, and regular visits with a clinician to track patients' success through the course of this program. With innovative programs like this, we at the Virginia Peninsula Foodbank hope to continue to promote the right to good health and good food, even in the face of hunger, health, and economic disparities.



A Spirit of Service



irginia Peninsula Foodbank has a dedicated volunteer base that is eager to pitch in to help us continue our mission of reducing hunger across the greater Peninsula. Without the help of volunteers, it would be impossible to pack all the boxes, fill all the food bags, and stock all the shelves that people in need across our service area rely on for a meal.

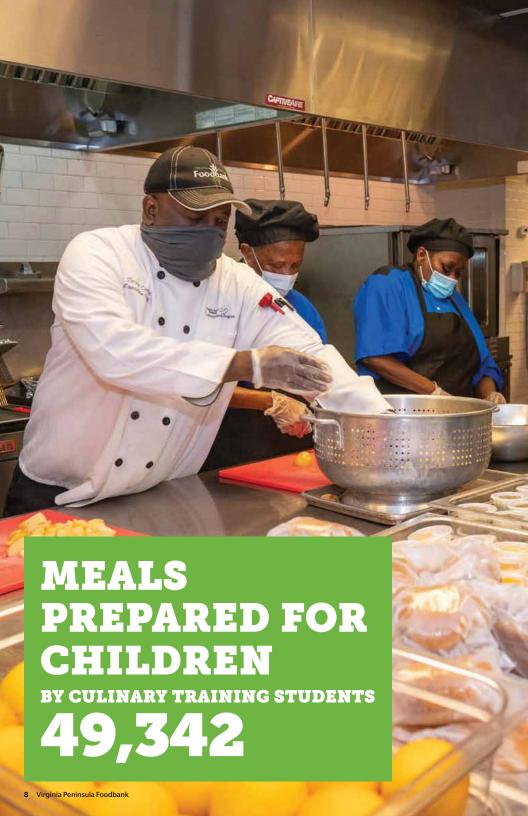


Victoria Owen has volunteered with the Foodbank since 2015. She has helped in many ways, from distributing food during the pandemic to the critical work of palletizing orders in the Foodbank warehouse. "I started volunteering at the Foodbank to give back for all the things food banks have provided me in the past. I wanted to help my community in a way I knew was impactful. Turns out, volunteering has given me more than I have given back," Victoria says. "The Foodbank has been a space to work hard and have a change of pace from my day-to-day; I've met incredible people and made lifelong friendships. I feel lucky to be a part of something that helps so many people."



Be assured that the Foodbank feels lucky to have Victoria as a part of our volunteer team. Thank you to Victoria and to all our volunteers that work to address food insecurity in our community. The Foodbank has the best volunteers!

MOBILE FOOD PANTRY/
SENIOR HOME DELIVERIES:
3 MILLION POUNDS OF FOOD
DISTRIBUTED AT OVER 25
MONTHLY SITES



Adding Spice to Life with Hard Work





awn Suiter knew she needed to get



"That program was different," Dawn says. "I had a lot to learn, but they taught me to be not just a professional chef, but a professional person." Dawn graduated from the program having earned top honors and she eventually became a sous chef at NASA Langley.

However, Dawn aspired to create her own business. "The Culinary Training Program opened doors for me," she states. "The whole team there has my back always. They were right there with me as I got to the milestones that would help me achieve my goals."



Now 11 years later, Dawn, currently known as "Chef Dawn Diva," owns a catering company she started in 2014. She has served as a private chef, appeared on the Hampton Roads Show and other television programs. She currently is preparing to publish her first book and is in the process of launching "Diva Spice," her personal collection of spices which will begin to appear in local stores and online. "I am honestly doing what I love," Dawn says with an enthusiastic smile.



When asked what she would tell others who are interested in making a positive change in their lives, Dawn says, "I always imagined I'd do something incredible, but I just needed a way to get there. Believe in yourself. One day, you might be an example for others."

FOOD-TASTIC PARTICIPANTS

29th and Green

Backvard Bar-B-Oue

Baker's Crust

Bean's Ice Cream

Burger Theory at Holiday Inn

Cheddars Scratch Kitchen

Cookie Text Company

Chef Dawn Diva Catering & Company

Cyprus Grille at Embassy Suites

Fin Seafood

Foodbank's Culinary Training Program

Hayashi Sushi & Grill

Licking Lipps Catering

Mango Mangeaux

Newport News Marriott, City Center Kitchen 740

Nothing Bundt Cakes

Park Lane Tavern

Plaza Azteca

Raiput Indian Cuisine

Salsa's Mexican Grill

Sate' Kitchen

Savor of Elegance

Smithfield Foods

SMOKE BBO

Starbucks

The Baker's Wife Bistro

The Green Turtle

The Grey Goose

Tucanos Brazilian Grill

The Peninsula's Premier Food Tasting Event

TASTEFULLY YOURS COME ABOARD 2022



THANK YOU FOR MAK OUR MISSION POSSIBL











































WEINSTEIN properties*



























Boardwalk Photo Booth Xhibits, Inc.

Hampton Convention Center Holiday Ice Jeff's Flowers of Course **Oyster Pointer PepsiCo**

Riverside Paper Supply SignMedia Terry & Patti Hall Foundation

Partner Agencies

FAITH-BASED ORGANIZATIONS, FOOD PANTRIES, SOUP KITCHENS, SHELTERS

GLOUCESTER/HAYES

Bellamy United Methodist Church Bread For Life Community Food Pantry Gleaning Baptist Church Helping The Homeless Living Waters Family Outreach Center

New Hope Independent Baptist

Church

New Life Ministry Center
New Mount Zion Baptist Church
Salem United Methodist Church
Salvation Army Gloucester
Susanna Wesley United Methodist
Union Baptist Church

White Marsh Baptist Church

HAMPTON

Advancing Gods Kingdom Worldwide Fellowship Ambassadors for Jesus Christ Early Learning Center

Antioch Improvement Ministries Inc Bethel Temple Church Buckroe Baptist Church Community Housing Partners
Connect Community at Calvary

Community Church
Crusading Outreach Ministry, Inc.

Dominion Ministries International

Empowered Believers Christian

Learning Center

Family Overcoming Obstacles

Together

First Christian Church First Friends Church

First Presbyterian Church
First United Methodist Church Fox Hill

Greater Bethlehem Christian Assembly

Hampton Baptist Church

Hampton Newport News Community

Services Board

Hampton Roads Ecumenical Lodgings

and Provisions Inc. HELP
Hispanic Resource Center

Immaculate Conception Catholic

Church

Langley Christian Church Little Zion Baptist Church Mercy Seat Baptist Church

Moose Lodge # 1119

New Life Church

New Life Seventh Day Adventist

Church

Northampton Christian

On Purpose Ministry

Open Door Full Gospel Baptist Church

Perfecting Saints Church

Queen Street Baptist Church

Salvation Army Virginia Peninsula

Six House Inc

Sixth Mount Zion Baptist Temple

St. Joseph Catholic Church

St. Mark's United Methodist Church

St. Rose Of Lima

Tender Care Adult Residence

The Ezer Initiative

Virginia Peninsula Community College

Todds Lane Bible Church

U.S.O.

Va Crusaders Youth Development

Center

VersAbility



Agency Highlight

Albin "AB" Fulcher is 85 years young and leads the Union Baptist Food Pantry in Gloucester. He started distributing food from the back of a pick-up truck in 2003. In 2009, he convinced his church to join the Foodbank. Since then, he's been a steady fixture in the Gloucester community to residents, churches, schools and vendors. His participation

in our Neighbor-to-Neighbor program allows him to be mostly self-sufficient in serving approximately 100 families each week. When he does have more food than he can distribute, he shares with other partners in Gloucester like Bread For Life and Salvation Army-Gloucester.

AB loves the work but says it's getting to be time for him to sit down. He is actively recruiting some of his helpers to take over and continue the work Gloucester residents have come to depend on to survive.

Warwick Assembly of God West Hampton Baptist Church Zion Baptist Church Zion Community Church

MATHEWS

Hands Across Mathews

NEWPORT NEWS

Agape Hands Cathedral All Nations Church Alpha & Omega Network Be Blessed Be A Blessing Outreach Beauty For Ashes C. Waldo Scott Center Calvary Seventh-Day Adventist Church Carver Memorial Presbyterian Church

Community Housing Partners Community Empowerment Center, Inc Peninsula Dream Center Denbigh United Presbyterian Church Dominion Outreach Worship Center Dreams of Hope Foundation

Dunamis Christian Center Emmanuel House, Inc.

East End Academy First Baptist Church Denbigh First Baptist Church Morrison First Church of Newport News

First United Methodist Church Newport News

Five Loaves Food Pantry

Givina Liaht, Inc

Grace Temple Worship Center Greater lov Church of God In Christ

Greater Works Ministries

Hampton Newport News Community

Services Board

Hampton Roads Community Action

Program Inc

Harvest Land Ministries

Heart & Soul Assisted Living

Hester House Ministries House of Blessings

House of Dreams Casa De Suenos

Ivv Baptist Church

Ivv Farms Church - The Brethren

lust Us Kidz. Inc.

L.I.N.K. Of Hampton Rds.

Life Transitions

Living Faith Christian Center

Living Waters Redeemed Apostolic

Church of Christ

Mid-Atlantic Teen Challenge

Mt. Moriah RZUA Church

New Beech Grove Baptist Church

Open Arms Assisted Living

Open Door Baptist Church

Operation Breaking Through, Inc.

Orcutt Baptist Church

Parkview Baptist Church Parkview Church of God

Peninsula Agency On Aging

Peninsula Hispanic Seventh Day

Adventist Church

Rhema Christian Center Academy

Rock Church of Newport News

Spirit of Truth Ministries

St. lames Deliverance Church

St. Paul African Methodist Episcopal

Church

St. Timothy Church of Christ

St. Vincent De Paul Catholic Church Tabernacle Baptist Church East End

Temple Baptist Church

Temple of Refuge

The Needs Network

THRIVE Peninsula

Triumph Christian Center

Triumph Ministries Inc

United Way of Virginia Peninsula

USO Newport News

Wesley Grove United Church - Christ

World Outreach Worship Center

Zion Baptist Church

POOUOSON

Parish Thrift Shop Food Pantry

SUFFOLK

Hosanna Truth Christian Church

SURRY/WAKEFIELD

First Baptist Church - It's A Start Program

Pocahontas Temple Baptist Church Runnevmede Holiness Church Unity Tabernacle Apostolic Faith Church of God

WILLIAMSBURG

A Gift From Ben FISH, Inc.

From His Hands Williamsburg

Grove Christian Outreach Center

Little Sisters of Saint Francis

Little Zion Baptist Church

Salvation Army Williamsburg St. John Baptist Church

Williamsburg Presbyterian Church Williamsburg House Of Mercy

YORKTOWN

Breakthrough Worship Center Coastal Community Church Community Housing Partners

The Mount-Peninsula Waters Edge Church Zion Baptist Church

Zion Prospect Baptist Church

Child Nutrition Program Sites





Other Programs School Pantry, School Produce Market, and Summer Food Service Program

HAMPTON

Advancing God's Kingdom Buckroe Pointe Townhomes Families Overcoming Obstacles

Together

Forrest Elementary

Ft. Monroe Community Center Hampton Therapeutic Center

Hispanic Resource

HRCAP - C-4 Boxina

Kraft Elementary

Langley Elementary

Little England Cultural Arts Center

New Mt. Olive Children's Care Center

North Hampton Community Center

North Phoebus Community Center

Salvation Army

West Hampton Community Center

Y.H. Thomas Community Center

YMCA

NEWPORT NEWS

An Achievable Dream Elementary Beechmont Boys and Girls Club Carver Elementary Denbigh Early Childhood Discovery STEM Academy

Greater lov COGIC

Greenwood Elementary

Hidenwood Elementary

House of Refuge

HRCAP Downing Gross

HRCAP Lift and Connect

Ivy Towers Apartments

Jenkins Elementary

Katherine Johnson Elementary

Lassiter Court Apartments

Marshall Early Learning Center

McIntosh Elementary

Newport Harbour Apartments

Newsome Park Elementary

Palmer Elementary

Pearl Bailey Library

Sanford Elementary

Saunders Elementary

C. Waldo Scott Center

Sedgefield Elementary

Stony Run Elementary

Stuart Gardens Apartments

True Heart Ministries

Watkins Early Childhood

YMCA

YORK COUNTY

Head Start Griffin-Yates Center

Magruder Elementary

(York County)

Waller Mill Elementary

Yorktown Elementary

GLOUCESTER

Botetourt Elementary

WILLIAMSBURG/JAMES CITY COUNTY

I.B. Blavton Elementary

Clara Byrd-Baker Elementary

Country Village Trailer Homes

Grove Christian Outreach Center

Heritage Trailer Homes

James River Elementary

Laurel Lane Elementary

Matthew Whaley Elementary

DJ Montague Elementary

Norge Elementary

Windy Hill Trailer Homes



WHAT YOU PROVIDE TO OUR NEIGHBORS

Resilience:

"There were days when I wasn't sure how we were going to make it. But we are making it and the food pantry is part of the reason why. I appreciate that it enables me to provide for my family with dignity and that gives me the strength to keep going." — Amanda

Relief:

"The food pantry has been a lifesaver. Just today, we didn't have enough to eat for lunch, but I was able to go to the pantry and now we have enough. They help us every month. It relieves my stress when I'm able to turn to them as utility bills stack up and cupboards run bare."

— Angela

Comfort:

"I was reluctant to come to the food pantry – I am so used to doing things on my own. It didn't feel right to be asking for help. But it is a huge blessing. The food pantry serves good, nutritious food, and they make me feel welcome here. It is such a relief to be able to come in and know I will have something to eat." — Charles

Support:

"I live alone but don't have a car. My son comes by to take me to the grocery store when he can, but it is quite a trek for us and I sometimes have to take items off my shopping list because the prices are higher than I thought. Having ripe fruit is something I really like. A lot of times you can't get good fruit from these types of programs, but I get good stuff here. I definitely eat healthier because of the food I get." — Joan

Hope:

"Things are looking up for me. I'm about to start welding school and I'm excited to be working toward a career. It has been a difficult year and I have been working hard to help myself, but the food pantry gave me the extra little push I needed to get back on my feet."

— William

Strength:

"I don't like asking for help; I'd rather depend on myself, but to give my baby a chance, I need to put my pride aside. I'm grateful that there are places like this pantry to turn to, so that even in this difficult time, I can get the nutrition we both need to build a better life." — Kadeza



WHY YOUR SUPPORT MATTERS



REVENUE SOURCES

TOTAL	\$19,105,564	100.00%
Other Income & Special Events	97,298	0.51%
United Way	140,410	0.73%
Program Fees	677,012	3.54%
Grants	863,107	4.52%
Monetary Donations	3,672,585	19.22%
Donated Food	\$13,655,152	71.47%

FUNCTIONAL EXPENSES

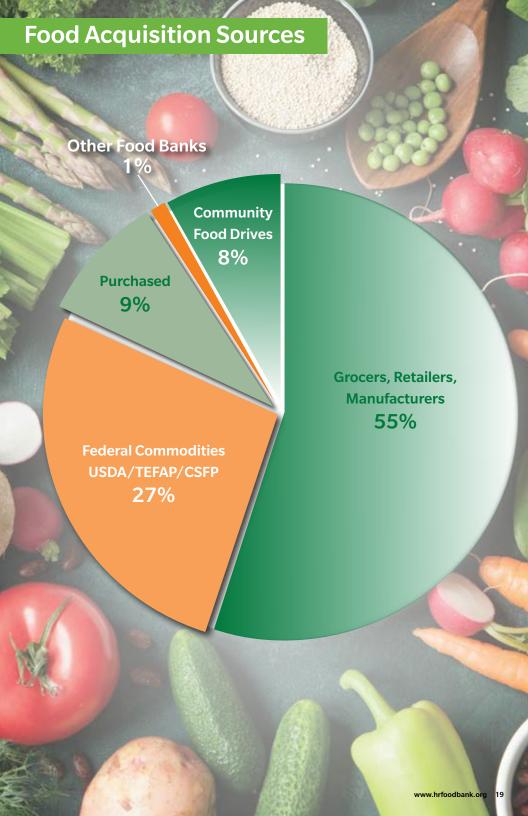
TOTAL	\$19,770,980	100.00%
Management & General	259,380	1.31%
Fundraising	665,860	3.37%
Program Services, including food distributed of \$14,523,468	18,845,740	95.32%

CHANGE IN NET ASSETS (665,416)**ENDING NET ASSETS** \$21,983,104

NOTE: These audited FY22 financials include the value of donated and purchased food. Donated product on hand at year-end is valued at the national wholesale value of one pound of food as determined by the most recent study conducted by Feeding America. Food donations and distributions of donated product are recorded at the weighted average wholesale value in effect during the year. Our inventory and other surplus funds will help us to meet future demands for and costs of food and storage capacity for the Foodbank and its partners.









AAFES Dan Daniels Distribution

ALDI

B|'s Wholesale Club

Chick-fil-A

Costco

Flowers Bakery

Food Lion

Fresh Market

Ft. Eustis Commissary

Harris Teeter

High Liner Foods

JBSSA/Pilgram's Pride

Kroger

Langley Air Force Base Commissary

Lidl

Manhattan Bagel

Newport News Public Schools

Pepsi Bottling Company

Publix

Schmidt Baking Company

Smithfield Foods

Target

Trader Joe's

Walmart/Sam's Club

Whole Foods



Over 236
Million Pounds
Of Food
Distributed
Since 1986



Air Force Chaplain Corps

Applied Safety, Health, and Environment, LLC

Casey Auto Group

Centurion Interdenominational Church

Elks Lodge Hampton #366

Federation of Virginia Foodbanks, VA Methodist Annual

Conference

Ferguson Enterprises, Inc.

First Baptist Church of Hampton

First United Methodist Church of Fox Hill

Food Lion

Hampton Alumnae Chapter - Delta Sigma Theta

Sorority, Inc.

Hercules Fence Company, Inc.

High Liner Foods, Inc.

Huffman and Huffman, Brothers in Law

Huntington Ingalls Industries/Newport News

Shipbuilding

IBM

Immanuel Fellowship Church

ITM, Inc.

KETA Technologies, LLC

Knights of Columbus Council 5480

Kroger

Lifehouse Church

Love Christian Church

McDonough Marine Service

Messiah Baptist Church

Old Point National Bank

Olde Yorke Chapel

Pearson Toyota

Phoebus United Methodist Church

Publix

Purpose Driven Church

QVC, Inc.

Regeneration Outreach Church

Republic National Distributing Company

Rotary Club of Oyster Point

Southern Company Gas (Va Natural Gas)

St. Andrews Presbyterian Church

St. Mary Star of the Sea Church

Tidewater Basketball Officials Association

TowneBank

Unusual Designs

Vision Machine and Fabrication Corp

Wallace Memorial United Methodist Church

Warwick Rotary Club

Weil Foot & Ankle Management, LLC

Williamsburg Presbyterian Church

Williamsburg United Methodist Church

Yorkminster Presbyterian Church



20 Pearls Foundation, Inc.

Amazon Smile Foundation

AshBritt Foundation, Inc.

Bank of America Charitable Foundation

Byrd Family Foundation

City of Hampton

City of Newport News

Commonwealth of Virginia Campaign

Community Foundation for a Greater Richmond

Cox Charities Virginia

Stephen and Kelly David Fund

Dominion Energy Charitable Foundation

Dominion Energy-Surry Power Station Charitable

Foundation

Enterprise Holdings Foundation

Feeding America, BJ's Charitable Foundation

Feeding America, Cargill

Feeding America, Costco

First United Methodist Church Foundation

Golden State Foods Foundation/Quality Custom

Distribution

J P Yancey Foundation, Inc

Kiwanis Foundation, Colonial Capital Williamsburg

Lions Charity Foundation

Mars Foundation

Patricia & Douglas Perry Foundation

Rouse-Bottom Foundation

Share Our Strength

Spatz Family Charitable Fund

St. John's Episcopal Church

Starbucks Foundation

The United Way of Allegheny County

The Woodforest Charitable Foundation

United Way South Hampton Roads

United Way of the Virginia Peninsula

Verizon Foundation

Ronald West Family Foundation

Williamsburg Health Foundation

Lewis & Minta Wood Charitable Foundation

WTKR Channel 3/Southern Bank Foundation

York County

Over 243,000 People Served or 87,000 Households Helped



106.9 The Fox and FM99 Mayflower Marathon

16th Statewide Legal Food Frenzy, partnership with Va Attorney General, Young Lawyers Division of the VA Bar Assoc, & Federation of Virginia Food Banks

Bayport Credit Union

Big Pink Music

Cava Mezze Grill, LLC

Chicken Salad Chick

Chick-fil-A & Flat-Out Events 5K, 10K & Fun Run

Christopher Newport University Food for Thought

Church World Service/Peninsula Crop Walk

Classic Cruisers Car Club

CR England

Downtown Hampton Churches Knock Out Hunger

Empty Bowls Virginia Peninsula

Federation of Virginia Foodbanks , WAWA Check Out Hunger

Federation of Virginia Foodbanks, Voluntary State Tax Contribution

Feeding America, American Eagle Outfitters

Feeding America, Crocs

Feeding America, CVS Health

Feeding America, Dave, Inc.

Feeding America, Jersey Mikes

Feeding America, Joel Gott

Feeding America, Pampered Chef

Feeding America, SAIC

Feeding America, The Fresh Market

Feeding America, Thrivent

Feeding America, TJX Companies

Feeding America, Walmart Fight Hunger Spark Change

Feeding America, Whole Foods

Grafton High School

Hampton Roads Educator's Credit Union

Harris Teeter Inc.

Ivy Baptist Church

Langley AFB / Commissary

Langley Federal Credit Union

MLK Day of Service Food Drive, partnership with

Mayor Price, Congressman Scott, Delegate Price,

Sheriff Morgan, Police Chief Drew, Riverside Health

System, VA Unity Project

National Association of Letter Carriers Stamp Out

Hunger Food Drive

New Horizons Regional Education Ctr

Peninsula Track Club Fast Before the Feast 5K

Pop-Shop by Jo Louise

Propeller Club Port Org

Publix

RNR of Virginia, LLC

Sisterhood of Rodef Sholom Temple

Sly Clyde Ciderworks

Smithfield Foods, Mayflower Marathon Food Drive

St. Mark's Episcopal Church

Wallace Memorial United Methodist Church

WTKR NEWS 3 & Southern Bank Foundation

Youth Volunteer Corps of Hampton Roads



THANK YOU FOR ANOTHER SUCCESSFUL YEAR OF SERVING OUR COMMUNITY









2401 Aluminum Avenue • Hampton, VA 23661 • 757-596-7188 www.hrfoodbank.org









