

GIVE TIME • GIVE FOOD • GIVE HOPE



hrfoodbank.org

YOU ARE THE CURE FOR HUNGER

With your help, we will be able to provide many nutritious meals.

MOST NEEDED ITEMS

- Canned Meat
- Cereal, Oatmeal
- Canned Fruit (Low Sugar)
- Peanut Butter & Jelly
- Pasta Meals & Sauces
- Hearty Pop Top Soups
- Canned Vegetables
- Instant Potatoes & Rice
- 100% Fruit Juices
- Monetary Donations

Thank you for caring!

2401 Aluminum Ave. Hampton, VA 23661 • 757-596-7188

Serving the cities of Hampton, Newport News, Poquoson, and Williamsburg,
and the counties of Gloucester, James City, Mathews, Surry, and York.



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