

HUNGER ACTION MONTH CALENDAR



Hunger Action Month SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

TAKE ACTION - END HUNGER
Hunger Action Month is a NATIONWIDE Awareness Campaign.
Together WE CAN end hunger!

2401 Aluminum Avenue, Hampton, VA 23661 hrfoodbank.org (757) 596-7188

<p>1 A dollar a day keeps hunger away. Save a dollar each day and you will be able to provide the equivalent of 90 meals at the end of the month.</p>	<p>2 LABOR DAY</p>	<p>3 Share this calendar on social media and spread the word to make a bigger impact.</p>	<p>4 HUNGER FACT! Virginia Peninsula Foodbank partners with <i>140+ agencies</i> to distribute food to Peninsula residents in need.</p>	<p>5 Monthly Giving: Fight hunger all year by becoming a monthly donor at HRFoodbank.org</p>	<p>6 Take A Tour! Schedule a tour of the Foodbank to see how your donations are put to work.</p>	<p>7 Volunteer at one of our Mobile Food Pantries. Sign up at hrfoodbank.volunteerHub.com/vv2/</p> 
<p>8 National Grandparents Day! Make an online donation in their honor at HRFoodbank.org</p>	<p>9 Be a Social Media Ambassador by SHARING our posts on Facebook, Instagram, and X!</p>	<p>10 HUNGER ACTION DAY Wear Orange to show your support of our cause.</p>	<p>11 HUNGER FACT! It's hard to thrive on an empty stomach. In our service area, over 20,000 children experience hunger on a daily basis.</p>	<p>12 Start a Just Giving campaign to help raise funds to feed food insecure families. www.justgiving.com/virginiapeninsulafoodbank</p>	<p>13 Get Educated: Learn more about our Programs and how hunger impacts our community by visiting our website. HRFoodbank.org</p>	<p>14 Host a Food or Fund Drive at a birthday, cookout, wedding, sporting event, concert or any gathering!</p>
<p>15 Follow Virginia Peninsula Foodbank on Instagram.</p>  <p>@hrfoodbank</p>	<p>16 "LIKE" Virginia Peninsula Foodbank on Facebook & turn your profile ORANGE.</p>  <p>@VaPenFoodbank</p>	<p>17 Follow Virginia Peninsula Foodbank on X (formerly Twitter).</p>  <p>@hrfoodbank</p>	<p>18 HUNGER FACT! Volunteers are the backbone of our organization, contributing hours equivalent to <i>more than 12 full-time employees.</i></p>	<p>19 MEAT the Need: Collect tuna, chicken, and hearty meaty soups.</p>	<p>20 United Way Day of Caring! Designate your United Way payroll donation to Virginia Peninsula Foodbank.</p> 	<p>21 Light it Orange: Support our mission by lighting up a building, home, office, or bridge with orange lights.</p>
<p>22 Fundraise Online: Create a fundraiser on Facebook and share with your friends.</p>	<p>23 BOGO! When grocery shopping, Buy One Give One.</p> 	<p>24 Planned Giving: Consider leaving a legacy of hope!</p>	<p>25 HUNGER FACT! Virginia Peninsula Foodbank distributed almost <i>12.5 million pounds</i> of food in FY24.</p>	<p>26 Brown Bag Lunch: Pack a lunch instead of going out and donate the amount you would have spent on a meal.</p>	<p>27 Visit Feeding America's YouTube channel for real stories of hunger. youtube.com/FeedingAmerica</p>	<p>28 Ask your employer to become a Match Maker—match donations to make 2x the impact.</p>
<p>29 National Coffee Day! Skip your coffee today and donate what you would have spent to the Foodbank!</p>	<p>30 I donated \$30 and provided 90 meals to help families in need.</p> 	<p>Serving families in Hampton, Newport News, Williamsburg, James City, Gloucester, Mathews, York, Poquoson, & Surry.</p>	<p>How do you feel on an empty stomach? Skip a meal this month and build your awareness. Hunger hurts!</p>	<p>Over 61,000 individuals across the Greater Peninsula are facing the fears of food insecurity.</p> 		