

HUNGER ACTION MONTH CALENDAR



Hunger Action Month
FEEDING AMERICA

SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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TAKE ACTION - END HUNGER
Hunger Action Month is a NATIONWIDE Awareness Campaign.
Together WE CAN end hunger!

2401 Aluminum Avenue, Hampton, VA 23661 | hrfoodbank.org | (757) 596-7188

	<p>1</p> <p align="center">LABOR DAY</p>	<p>2</p> <p>A dollar a day keeps hunger away. Save a dollar each day and you will be able to provide the equivalent of 90 meals at the end of the month.</p>	<p>3</p> <p>Share this calendar on social media and spread the word to make a bigger impact.</p>	<p>4</p> <p>HUNGER FACT! Virginia Peninsula Foodbank partners with 140+ agencies to distribute food to Peninsula residents in need.</p>	<p>5</p> <p>Take A Tour! Schedule a tour of the Foodbank to see how your donations are put to work.</p>	<p>6</p> <p>Volunteer at one of our Mobile Food Pantries. Sign up at hrfoodbank.volunteerHub.com/vv2/</p> 
<p>7</p> <p>Monthly Giving: Fight hunger all year by becoming a monthly donor at hrfoodbank.org.</p>	<p>8</p> <p>Be a Social Media Ambassador by SHARING our posts on Facebook, Instagram, and X!</p>	<p>9</p> <p align="center">HUNGER ACTION DAY</p> <p align="center">Wear Orange to show your support of our cause.</p>	<p>10</p> <p>HUNGER FACT! It's hard to thrive on an empty stomach. In our service area, over 20,000 children experience hunger on a daily basis.</p>	<p>11</p> <p>Start a Just Giving campaign to help raise funds to feed food insecure families. www.justgiving.com/virginiapeninsulafoodbank</p>	<p>12</p> <p>United Way Day of Caring! Designate your United Way payroll donation to Virginia Peninsula Foodbank.</p> 	<p>13</p> <p>Host a Food or Fund Drive at a birthday, cookout, wedding, sporting event, concert or any gathering!</p>
<p>14</p> <p>Follow Virginia Peninsula Foodbank on Instagram.</p>  <p>@hrfoodbank</p>	<p>15</p> <p>"LIKE" Virginia Peninsula Foodbank on Facebook & turn your profile ORANGE.</p>  <p>@VaPenFoodbank</p>	<p>16</p> <p>Follow Virginia Peninsula Foodbank on X (formerly Twitter).</p>  <p>@hrfoodbank</p>	<p>17</p> <p>HUNGER FACT! Volunteers are the backbone of our organization, contributing hours equivalent to <i>more than 14 full-time employees</i>.</p>	<p>18</p> <p>MEAT the Need: Collect tuna, chicken, and hearty meaty soups.</p>	<p>19</p> <p>Get Educated: Learn more about our Programs and how hunger impacts our community by visiting our website.</p> <p>hrfoodbank.org</p>	<p>20</p> <p>Light it Orange: Support our mission by lighting up a building, home, office, or bridge with orange lights.</p>
<p>21</p> <p>Fundraise Online: Create a fundraiser on Facebook and share with your friends.</p>	<p>22</p> <p>BOGO! When grocery shopping, Buy One Give One.</p> 	<p>23</p> <p>Planned Giving: Consider leaving a legacy of hope!</p>	<p>24</p> <p>HUNGER FACT! Virginia Peninsula Foodbank distributed almost <i>12.23 million pounds</i> of food in FY25.</p>	<p>25</p> <p>Brown Bag Lunch: Pack a lunch instead of going out and donate the amount you would have spent on a meal.</p>	<p>26</p> <p>Take A Tour! Schedule a tour of the Foodbank to see how your donations are put to work.</p>	<p>27</p> <p>Ask your employer to become a Match Maker—match donations to make 2x the impact.</p>
<p>28</p> <p>Visit Feeding America's YouTube channel for real stories of hunger.</p> <p>youtube.com/FeedingAmerica</p>	<p>29</p> <p>National Coffee Day! Skip your coffee today and donate what you would have spent to the Foodbank!</p>	<p>30</p> <p>I donated \$30 and provided 90 meals to help families in need!</p>	<p>Serving families in Hampton, Newport News, Williamsburg, James City, Gloucester, Mathews, York, Poquoson, & Surry.</p>	<p>How do you feel on an empty stomach?</p> <p>Skip a meal this month and build your awareness.</p> <p>Hunger hurts!</p>	<p>Over 70,000 individuals across the Greater Peninsula are facing the fears of food insecurity.</p>	